

August 24, 2021

Inye dóhúch'l,

This letter is to inform you that there is a case of COVID-19 in our community of Pelly Crossing. This means that we need to act now, so we keep everyone safe and healthy!

It is very important to continue to follow the SAFE 6 + 1 Guidelines. Also, we encourage all Selkirk First Nation Citizens and Pelly Crossing community members to get fully vaccinated. Choosing to get the vaccine is the best thing we can do to protect our community, ourselves, and our loved ones. Over time, widespread immunization will allow us to return to a life without COVID-19 restrictions.

SAFE 6 + 1

- 1. Maintain physical distancing keep 2 metres (6 feet) between yourself and people who are not in your social bubble.
- 2. Wash your hands frequently with soap and water or use hand sanitizer with at least 70% alcohol.
- Stay home if you're feeling ill. Call the health center at 867-537-4444 to report your symptoms to see if you need a COVID-19 test. When you get a COVID-19 test you MUST stay home until you receive a negative result.
- 4. Follow gathering guidelines.
- 5. Limit travel to rural communities and be respectful when you're there.
- 6. Self-isolate if you've been in contact with someone diagnosed with COVID-19.

PLUS 1: Wear a mask in all public places or events

Fully vaccinated

Being fully vaccinated means you have received the full dosage (2 shots) of a COVID-19 vaccine at least 14 days ago. If you're planning to hold a social gathering and are fully vaccinated, you can gather with up to:

- 20 people indoors; and
- 50 people outdoors.



Not fully vaccinated

If you are NOT fully vaccinated, stick to 6 people for any indoor or outdoor gathering. Keep your social contacts small to limit the spread of COVID-19.

We recognize that it has been a challenging year and a half. We want to thank you for following the guidelines and keeping our community safe. We must continue to be careful. **We must keep everyone safe!**

Mussi

Deputy Chief Morris Morrison on Behalf of Selkirk First Nation Council